

Subclinical AF

How to manage?

Warangkna Boonyapisit, MD.

Associate professor, Department of Cardiology

Faculty of medicine, Siriraj Hospital

Thai Atherosclerosis Society annual meeting 26 January 2024

Scope

- What is subclinical AF?
- How important?
- How to manage?

Subclinical AF

'AF identified by

- *Implanted devices (pacemakers, defibrillators, or implantable loop recorders) or*
- *Wearable monitors*

in individuals who do not have symptoms attributable to AF and in whom there are no previous ECGs documenting AF'

Atrial high-rate episodes (AHRE)

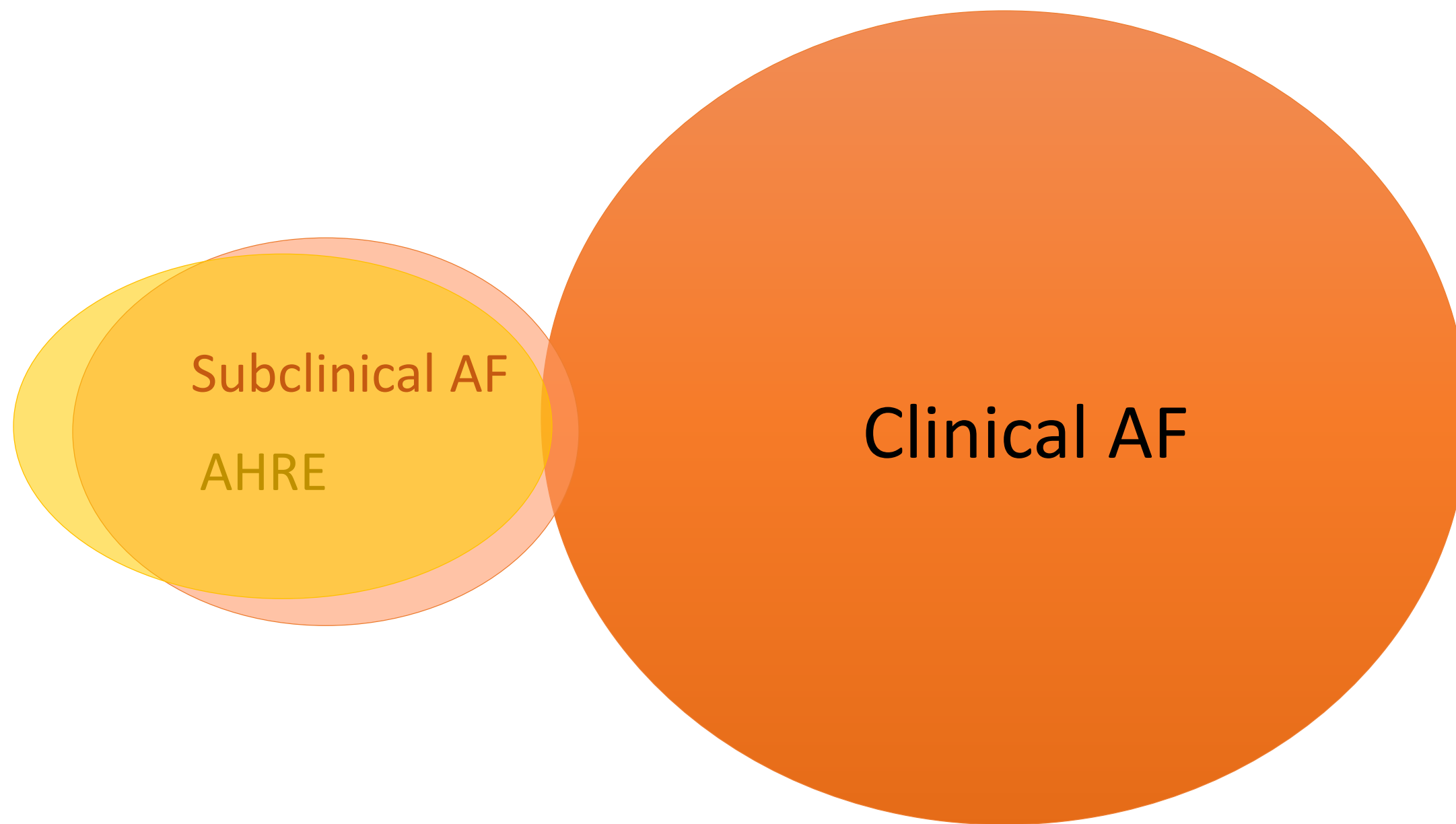
Atrial events exceeding the programmed detection rate limit set by the device.

*These are recorded by implanted devices but **require visual inspection to confirm AF** and exclude other atrial arrhythmias, artifact or oversensing.*

Clinical AF

*Symptomatic or asymptomatic AF that is **documented by surface ECG.***

The minimum duration of an ECG tracing of AF required to establish the diagnosis of clinical AF is at least 30 seconds, or entire 12-lead ECG

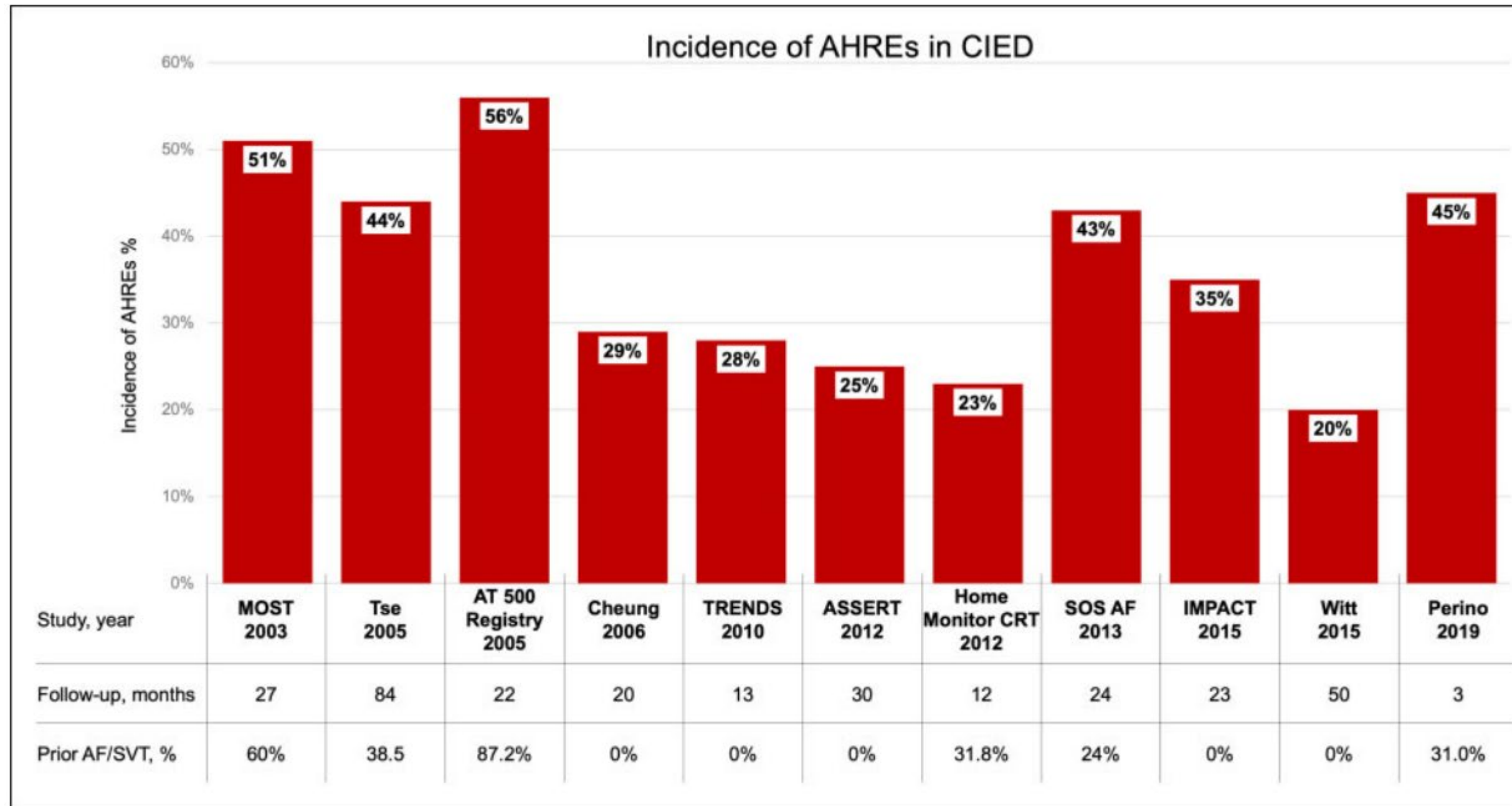


Subclinical AF

AHRE

Clinical AF

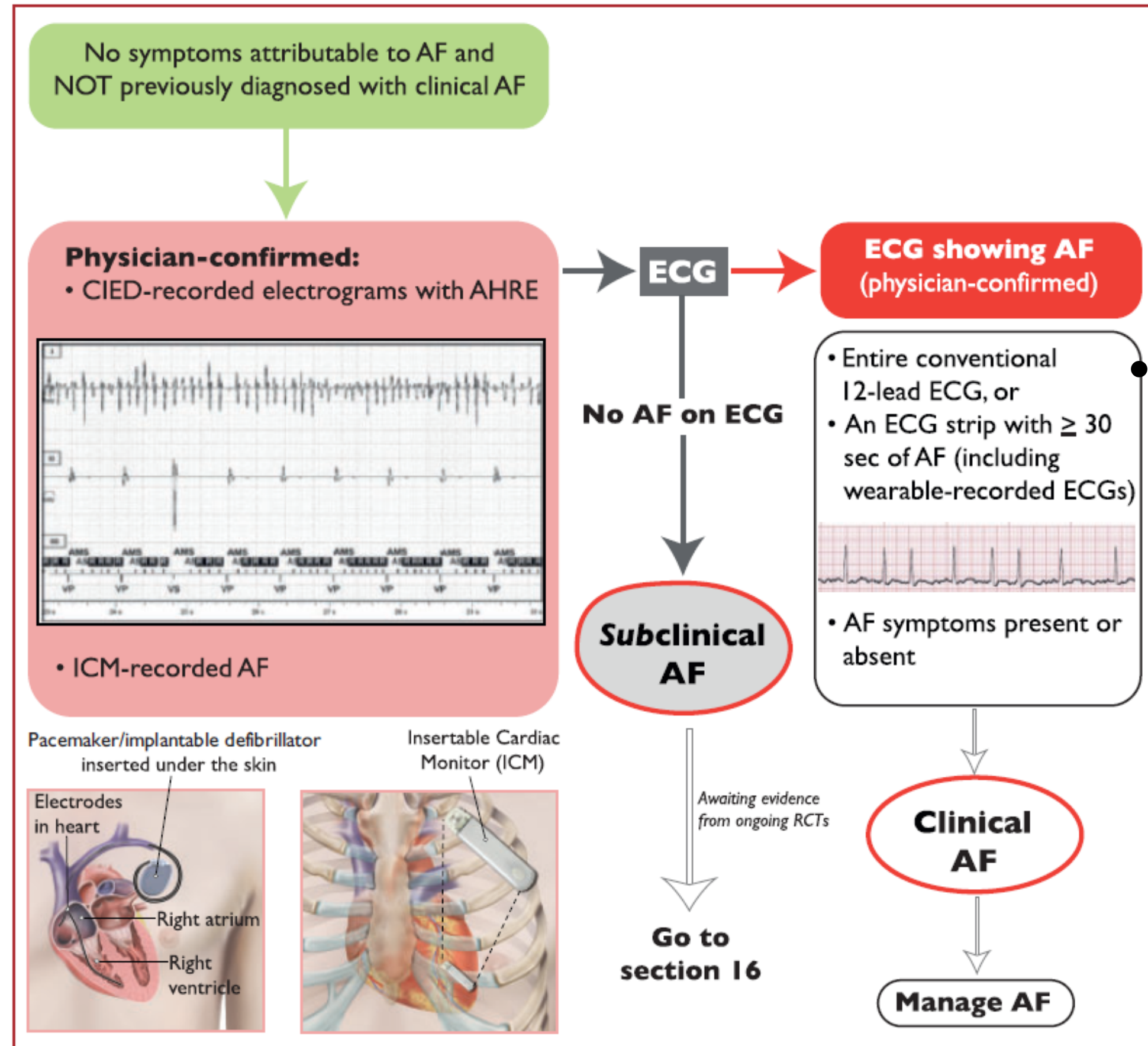
Incidence of AHREs in CIED



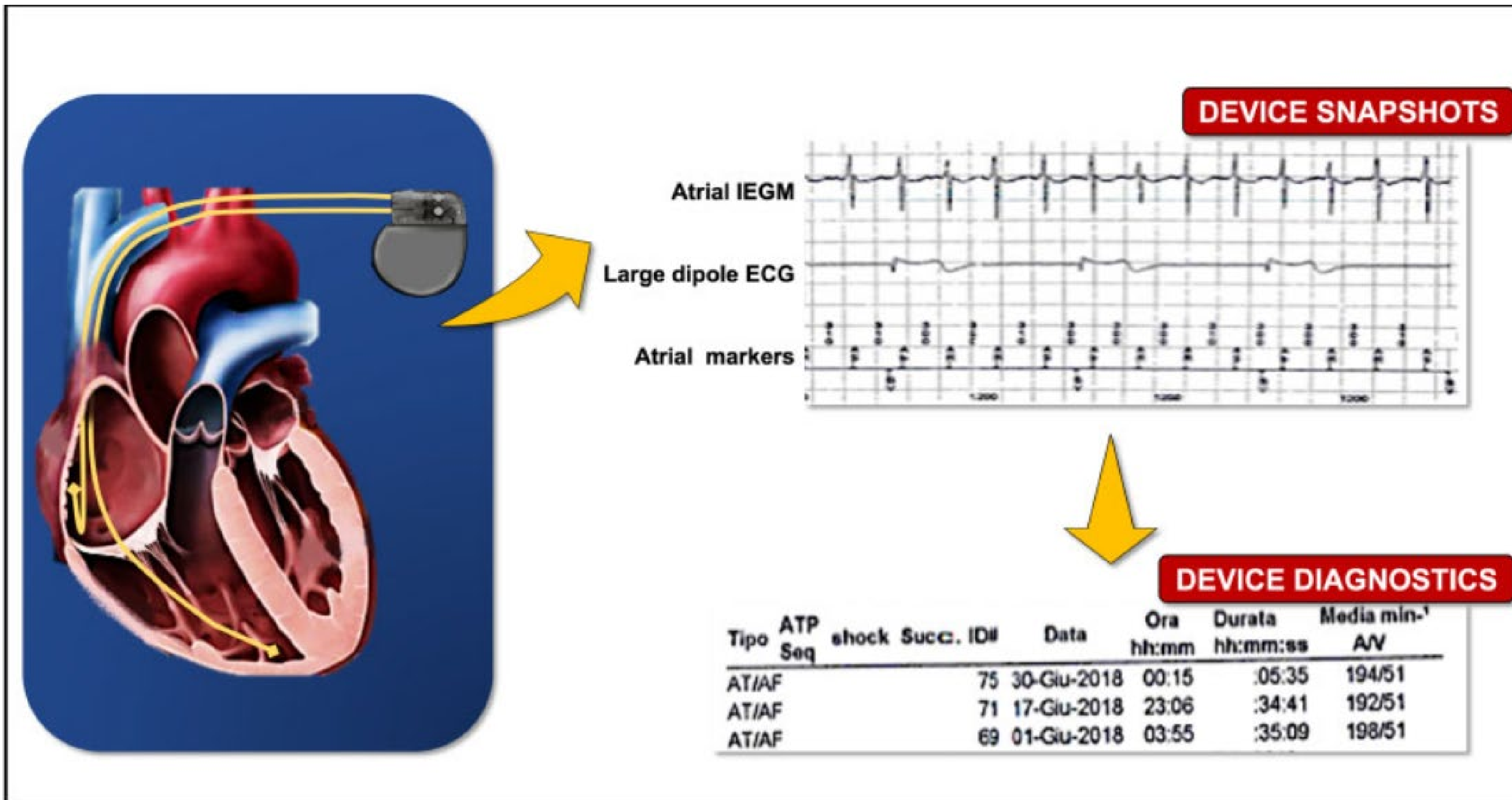
- The incidence of AHRE/subclinical AF in patients with a pacemaker/implanted device is 20-70%, but it may be lower in the general population

Diagnosis of subclinical AF

When AHRE is detected by a device/wearable Inspection of the stored electrograms/ECG rhythm strips is recommended to exclude artefacts or other causes of inappropriate detection.



AHRE



Event	Date/Time	Type	Summary	Duration hh:mm:ss
RVAT-110	21 Jan 2024 23:52	RV Auto		----
RAAT-110	21 Jan 2024 23:50	RA Auto		----
ATR-231	12 Jan 2024 20:56	ATR	Avg V Rate in ATR: 78 min ⁻¹	00:00:06
ATR-230	05 Jan 2024 20:30	ATR	Avg V Rate in ATR: 82 min ⁻¹	00:00:03
ATR-229	05 Jan 2024 03:37	ATR	Avg V Rate in ATR: 82 min ⁻¹	00:00:38
ATR-228	05 Jan 2024 03:32	ATR	Avg V Rate in ATR: 73 min ⁻¹	00:01:03
ATR-227	05 Jan 2024 03:22	ATR	Avg V Rate in ATR: 89 min ⁻¹	00:00:32
ATR-226	03 Jan 2024 04:53	ATR	Avg V Rate in ATR: 118 min ⁻¹	00:00:57
ATR-225	03 Jan 2024 04:52	ATR	Avg V Rate in ATR: 129 min ⁻¹	00:01:06
ATR-224	03 Jan 2024 03:39	ATR	Avg V Rate in ATR: 108 min ⁻¹	00:00:57
ATR-223	03 Jan 2024 03:30	ATR	Avg V Rate in ATR: 93 min ⁻¹	00:01:15
ATR-222	03 Jan 2024 03:06	ATR	Avg V Rate in ATR: 95 min ⁻¹	00:09:33
V-3	25 Nov 2023 21:22	NonSustV	Avg V Rate at Onset: 163 min ⁻¹	00:00:12
V-2	25 Nov 2023 21:05	NonSustV	Avg V Rate at Onset: 170 min ⁻¹	00:00:13
V-1	20 Oct 2023 11:18	NonSustV	Avg V Rate at Onset: 203 min ⁻¹	00:00:17

Device: **Evera MRI S DR DDMC3D4**
 Serial Number: **PHZ647390S**

SW033 Software Version
 Copyright © Medtronic.

Arrhythmia Episode List

Arrhythmia Episode List: 02-Oct-2023 13:05:53 to 22-Jan-2024 13:34:44
 All collected episodes.

Type	ATP Seq	Shocks	Success	ID#	Date	Time hh:mm	Duration hh:mm:ss	Avg bpm A/V
AT/AF				432	22-Jan-2024	08:43	:01:11	188/99
AT/AF				431	21-Jan-2024	16:58	:43:42	211/108
AT/AF				430	20-Jan-2024	06:37	:29:01	227/106
AT/AF				429	30-Oct-2023	06:12	:01:32	192/98
AT/AF				428	28-Oct-2023	08:06	:11:39	214/98
AT/AF				427	26-Oct-2023	08:01	:50	185/97
AT/AF				426	26-Oct-2023	07:54	:02:57	187/101
AT/AF				425	26-Oct-2023	07:53	:36	168/107
AT/AF				424	26-Oct-2023	07:47	:03:54	183/95

----- Last Programmer Session 02-Oct-2023 -----

(Data prior to last session has not been interrogated.)

Episodes Summary

Episodes/SEGMs Last Cleared 5 Sep 2023 1:06 pm Last Read 22 Jan 2024 2:28 pm

Triggers

	Counts	EGMs
AMS Entry	4	4
High Ventricular Rate (5 cycles @ 175 bpm)	0	0
PMT	0	0
Noise Reversion	4	4
Magnet Response	0	0

Device Reversions

	Counts	Last Recorded
A. Noise Reversion	0	
V. Noise Reversion	4	23 Sep 2023

Episodes

Date / Time	Type	Peak A / V Rate (bpm)	Duration (D:H:M:S)	Alerts
22 Nov 2023 8:48 am	AMS Entry	199 / 60	0:00:00:16	
24 Sep 2023 1:51 am	AMS Entry	640 / 73	0:06:48:34	
24 Sep 2023 1:13 am	AMS Entry	512 / 62	0:00:37:10	
23 Sep 2023 8:34 am	Noise Reversion			☒
17 Sep 2023 7:12 am	Noise Reversion			☒
10 Sep 2023 5:32 pm	AMS Entry	640 / 95	0:14:47:26	
8 Sep 2023 12:57 pm	Noise Reversion			☒
7 Sep 2023 11:03 pm	Noise Reversion			☒

Device-programmed rate criterion for AHRE is ≥ 175 -190 bpm
 ATR=Atrial Tachy Response
 AMS=Automatic mode switch

Our task

- Is it real AF from EGM recorded?
- How long is the longest episode?

AMS=Automatic mode switch

Abbott/St.Jude

Episodes Summary

Page 1 of 1

Episodes/SEGMs Last Cleared 5 Sep 2023 1:06 pm Last Read 22 Jan 2024 2:28 pm

Triggers

	Counts	EGMs
AMS Entry	4	4
High Ventricular Rate (5 cycles @ 175 bpm)	0	0
PMT	0	0
Noise Reversion	4	4
Magnet Response	0	0

Device Reversions

	Counts	Last Recorded
A. Noise Reversion	0	
V. Noise Reversion	4	23 Sep 2023

Episodes

Date / Time	Type	Peak A / V Rate (bpm)	Duration (D:H:M:S)	Alerts
22 Nov 2023 8:48 am	AMS Entry	199 / 60	0:00:00:16	
24 Sep 2023 1:51 am	AMS Entry	640 / 73	0:06:48:34	
24 Sep 2023 1:13 am	AMS Entry	512 / 62	0:00:37:10	
23 Sep 2023 8:34 am	Noise Reversion			🔔
17 Sep 2023 7:12 am	Noise Reversion			🔔
10 Sep 2023 5:32 pm	AMS Entry	640 / 95	0:14:47:26	
8 Sep 2023 12:57 pm	Noise Reversion			🔔
7 Sep 2023 11:03 pm	Noise Reversion			🔔

Longest episode

10 Sep 2023 5:32 pm

Duration 14:47:26 (H:M:S)

Peak A Rate 640 bpm

Peak V Rate 95 bpm

Mode DDD

Auto Mode Switch DDI

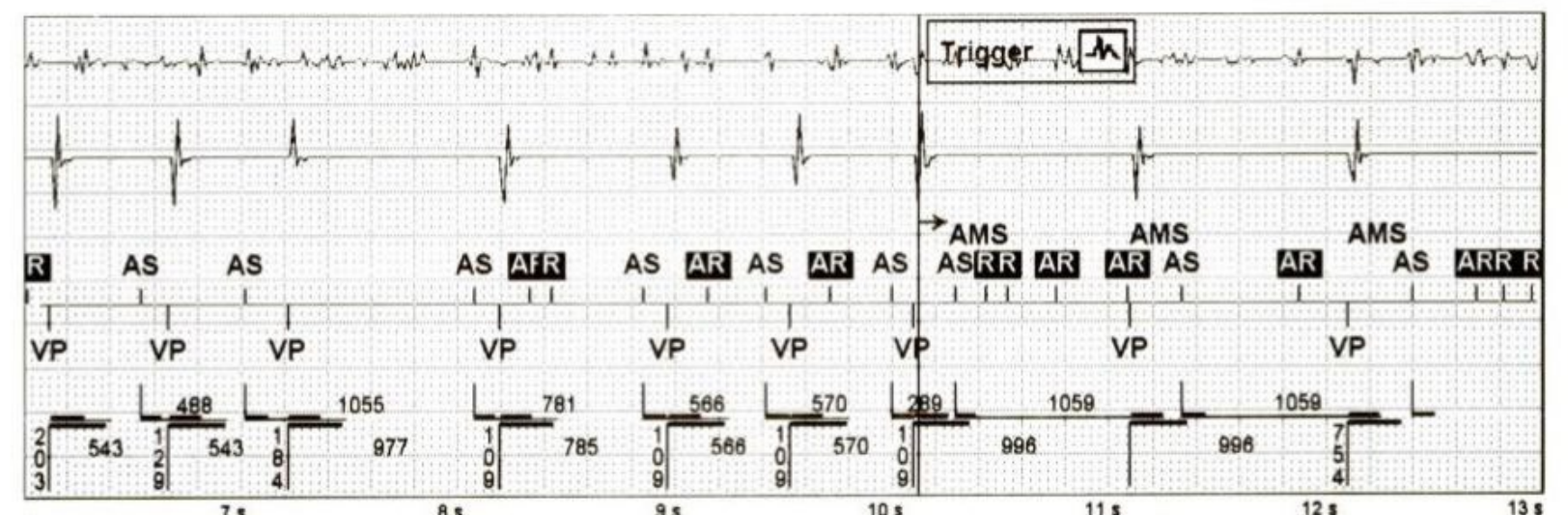
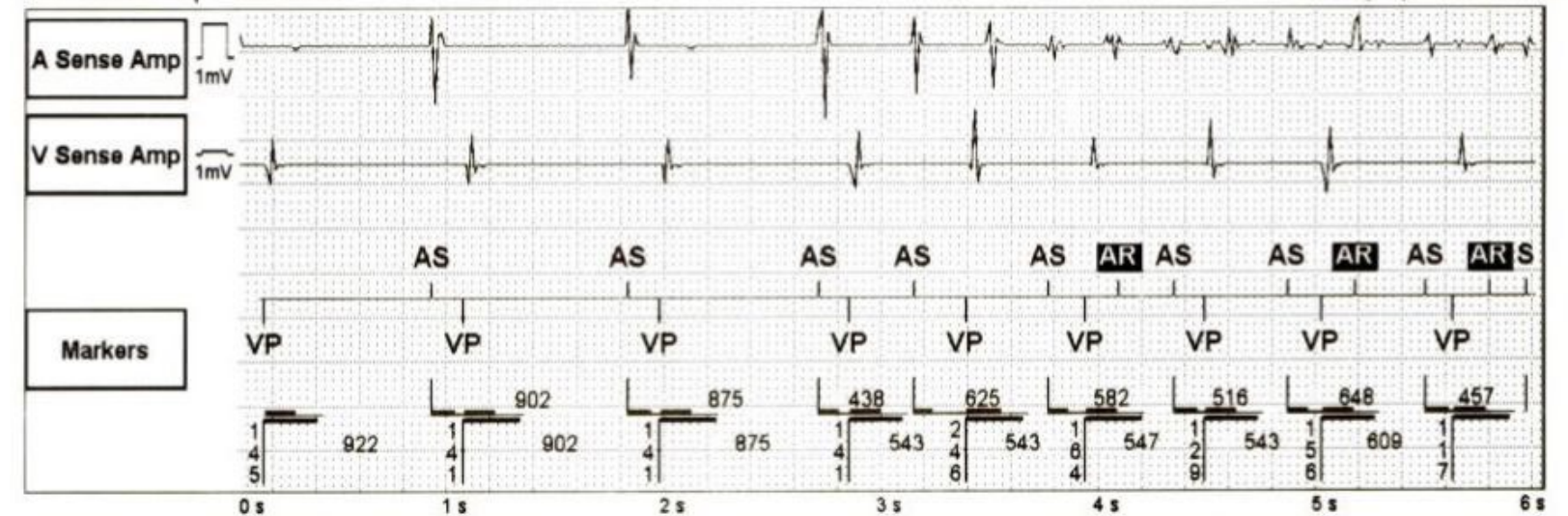
Trigger 180 bpm

1: A Sense Amp 4.0 mm/mV

3: Markers

2: V Sense Amp 0.5 mm/mV

Sweep Speed: 25 mm/s



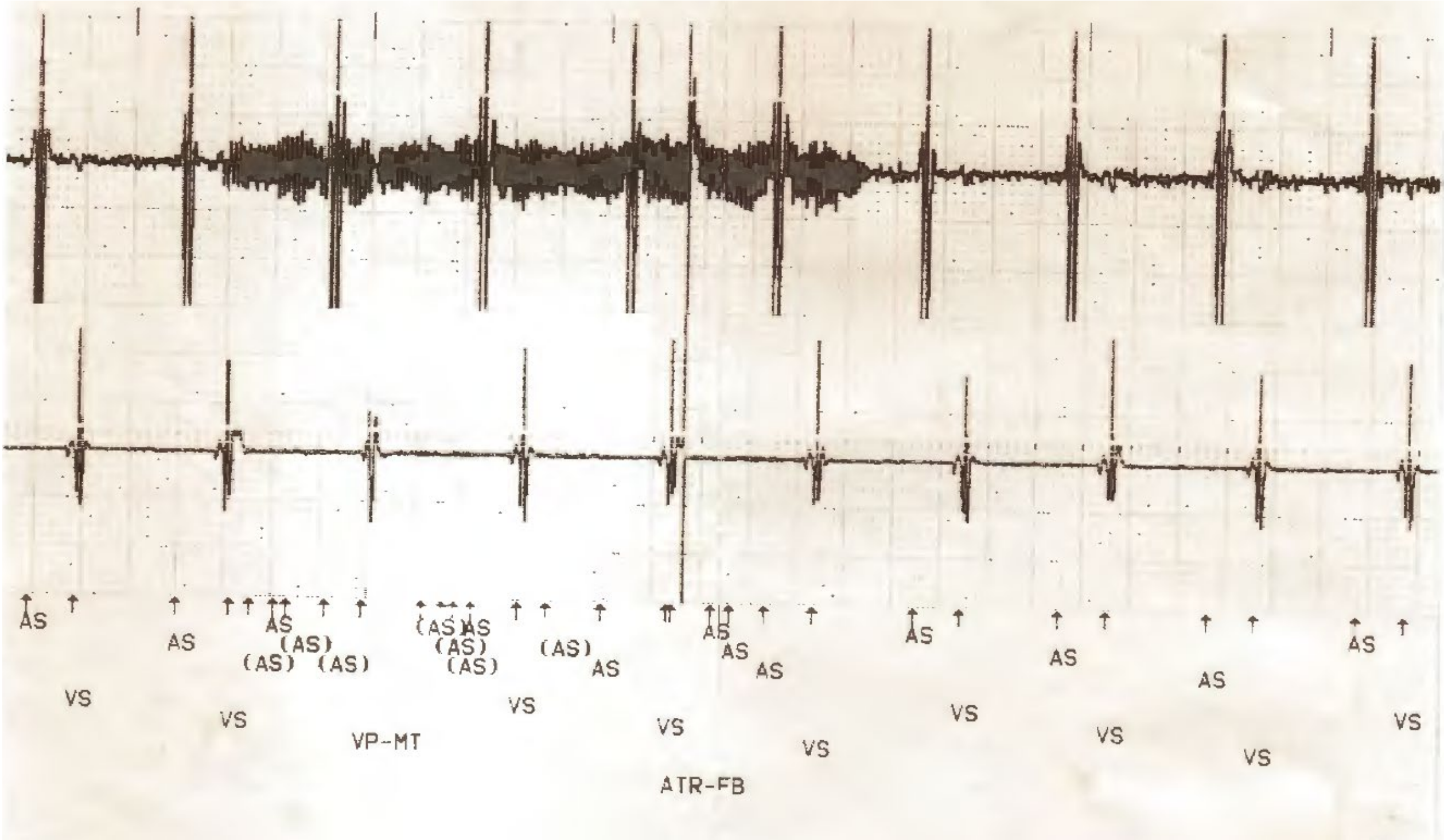
ATR=Atrial Tachy Response Boston

Event	Date/Time	Type	Summary	Duration hh:mm:ss
RVAT-110	21 Jan 2024 23:52	RV Auto		---
RAAT-110	21 Jan 2024 23:50	RA Auto		---
ATR-231	12 Jan 2024 20:56	ATR	Avg V Rate in ATR: 78 min ⁻¹	00:00:06
ATR-230	05 Jan 2024 20:30	ATR	Avg V Rate in ATR: 82 min ⁻¹	00:00:03
ATR-229	05 Jan 2024 03:37	ATR	Avg V Rate in ATR: 82 min ⁻¹	00:00:38
ATR-228	05 Jan 2024 03:32	ATR	Avg V Rate in ATR: 73 min ⁻¹	00:01:03
ATR-227	05 Jan 2024 03:22	ATR	Avg V Rate in ATR: 89 min ⁻¹	00:00:32
ATR-226	03 Jan 2024 04:53	ATR	Avg V Rate in ATR: 118 min ⁻¹	00:00:57
ATR-225	03 Jan 2024 04:52	ATR	Avg V Rate in ATR: 129 min ⁻¹	00:01:06
ATR-224	03 Jan 2024 03:39	ATR	Avg V Rate in ATR: 108 min ⁻¹	00:00:57
ATR-223	03 Jan 2024 03:30	ATR	Avg V Rate in ATR: 93 min ⁻¹	00:01:15
ATR-222	03 Jan 2024 03:06	ATR	Avg V Rate in ATR: 95 min ⁻¹	00:09:33
V-3	25 Nov 2023 21:22	NonSustV	Avg V Rate at Onset: 163 min ⁻¹	00:00:12
V-2	25 Nov 2023 21:05	NonSustV	Avg V Rate at Onset: 170 min ⁻¹	00:00:13
V-1	20 Oct 2023 11:18	NonSustV	Avg V Rate at Onset: 203 min ⁻¹	00:00:17



Brady Counters	Reset Before Last 10 day(s) 20 Oct 2023 to 30 Oct 2023	Since Last Reset 84 day(s) 30 Oct 2023 to Today
Counters		
% A Paced	30	7
% V Paced	2	1
Intrinsic Promotion		
AV Search +		
% Successful	0	0
Rate Hysteresis		
% Successful	0	0
Atrial Arrhythmia		
% AT/AF	<1	<1
Total Time in AT/AF (hr)	1.8	11.7
Episodes by Duration		
< 1 minute	24	108
1 min - < 1 hr	23	71
1 hr - < 24 hr	0	1
24 hr - < 48 hr	0	0
> 48 hr	0	0
Total PACs	20.9K	131.4K
Ventricular Counters		
Total PVCs	75.3K	210.8K
Three or More PVCs	1.8K	4.3K

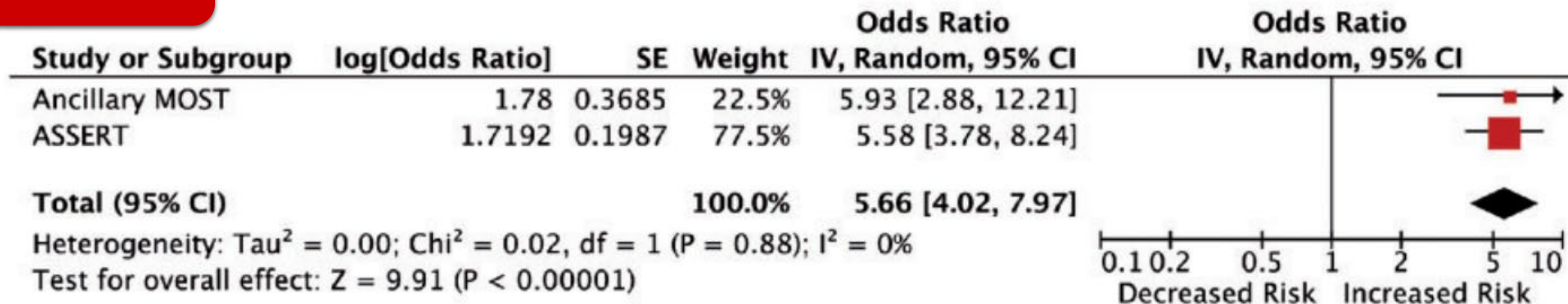
Real AF?



How important is it?

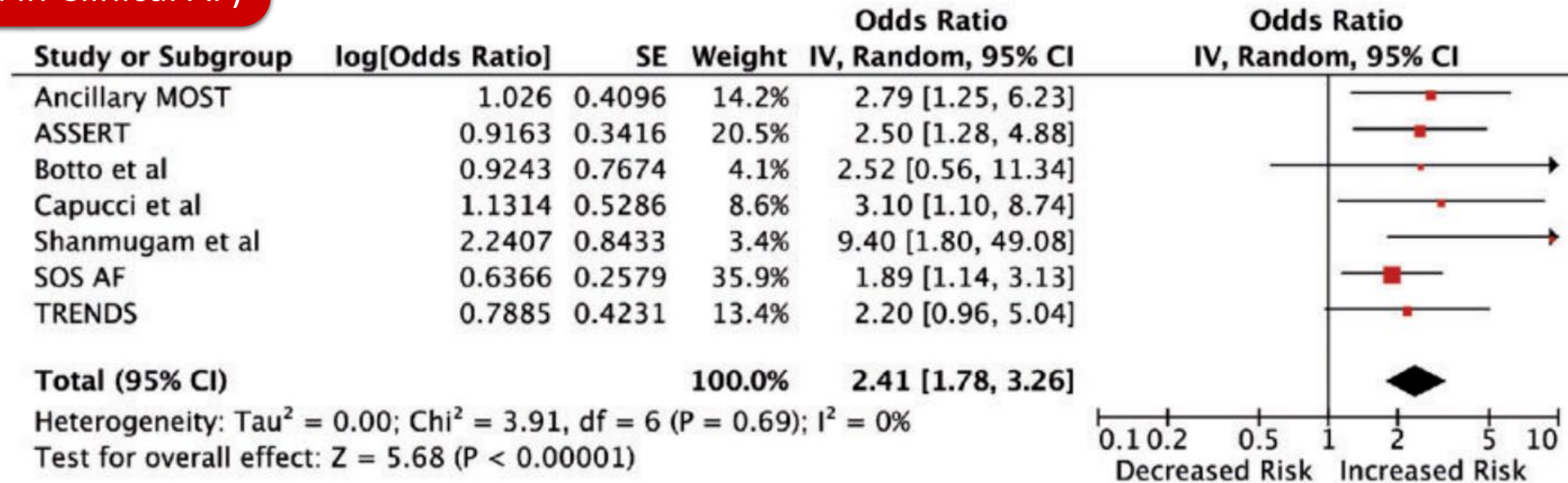
Association between subclinical and clinical AF

Risk of Clinical AF
5.66 X



Association of subclinical AF and stroke risk

Risk of Stroke 2.41 X
(lower than the 5.0 X
reported in Clinical AF)



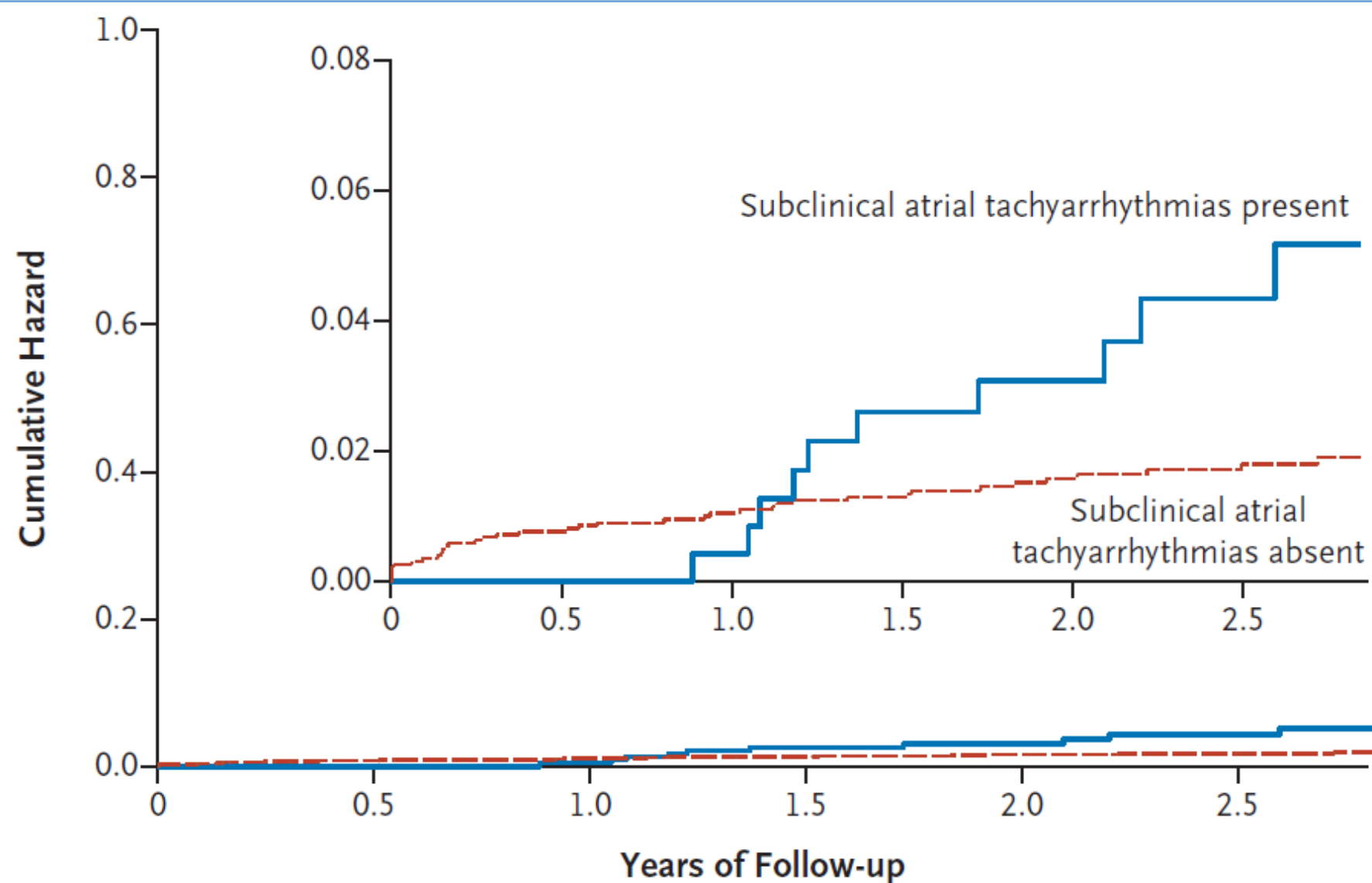
Subclinical Atrial Fibrillation and the Risk of Stroke

The absolute risk of stroke in patients with SCAF was 1.7% per year

AHRE and Stroke

Having any subclinical AHRE >6 minutes was significantly associated with ischemic stroke or systemic embolism with a hazard ratio of 2.49 (95% CI, 1.28–4.85),

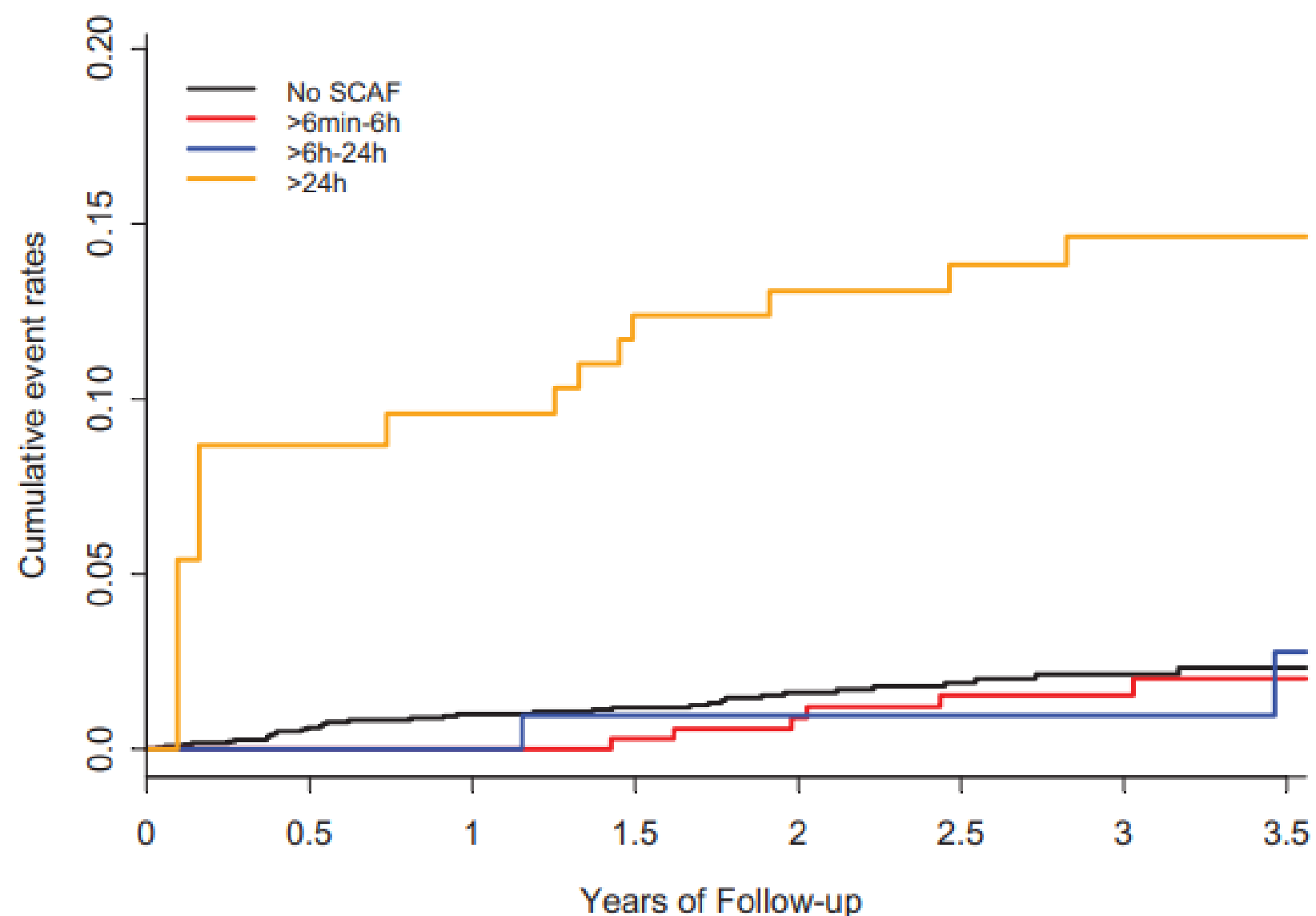
- 2580 patients with no history of AF (≥65 years, history of HT),
- Dual-chamber pacemaker or ICD had been recently placed
- Monitored for 3 months for the presence of AHRE (defined as an atrial rate of >190 bpm for >6 min).
- F/U for a mean of 2.5 years
- At 3 months, 10.1% of patients demonstrated subclinical AHRE.



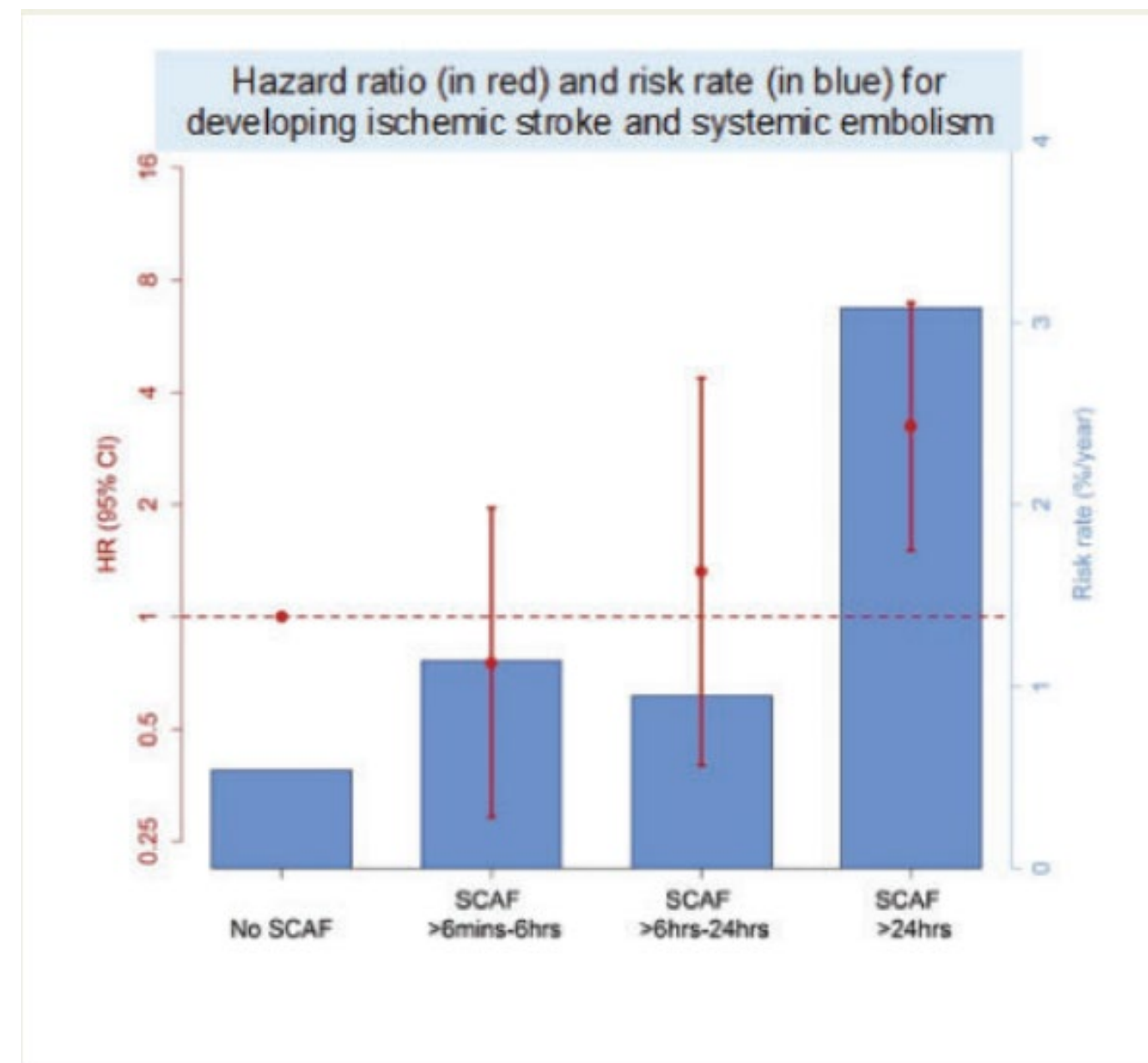
No. at Risk

Subclinical atrial tachyarrhythmias present	261	249	238	218	178	122
Subclinical atrial tachyarrhythmias absent	2319	2145	2070	1922	1556	1197

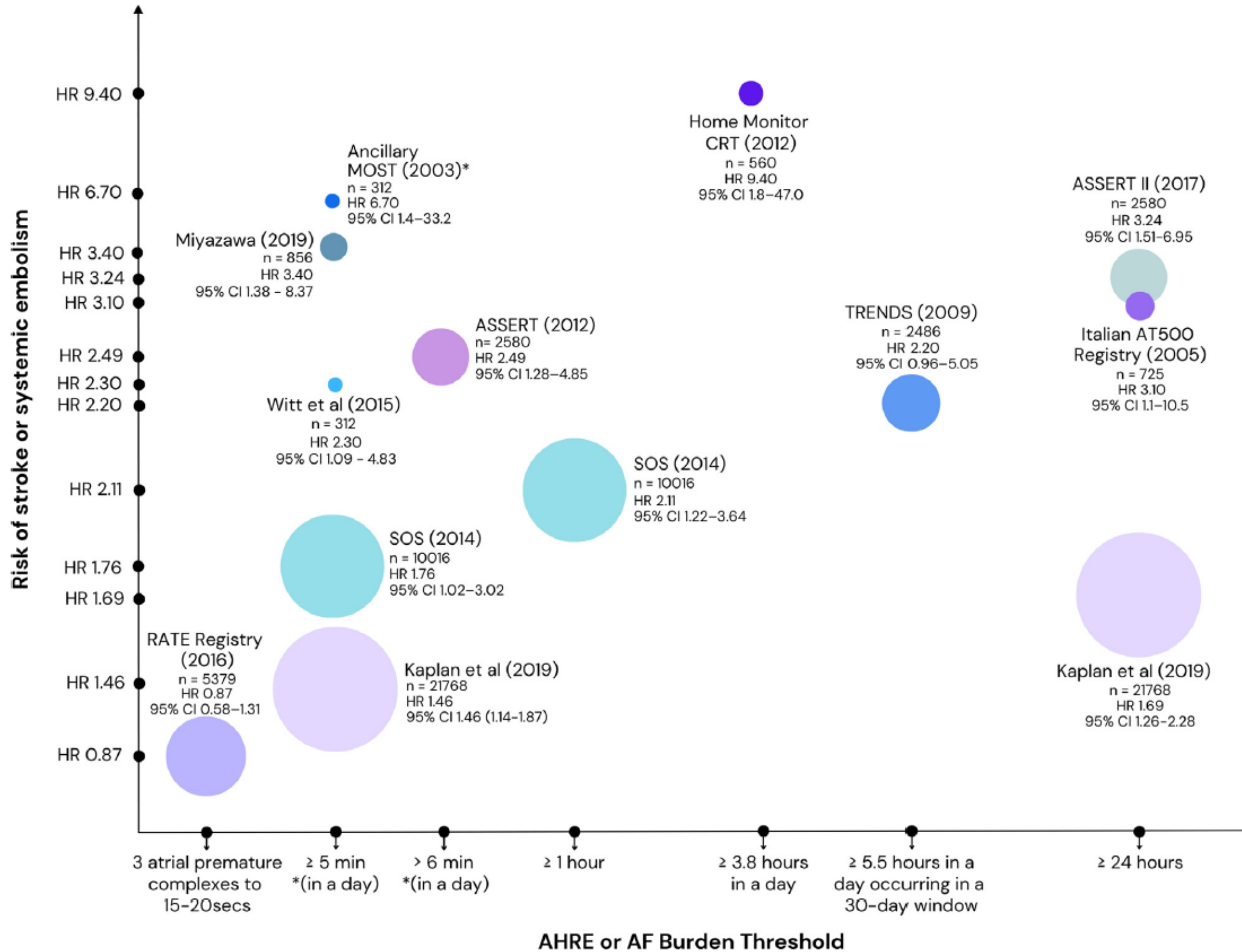
Duration of device-detected subclinical atrial fibrillation and occurrence of stroke in ASSERT



No. at Risk	0	0.5	1	1.5	2	2.5	3	3.5
No SCAF	2455	1926	1708	1528	1251	900	624	390
>6min-6h	0	226	302	347	322	281	218	155
>6h-24h	0	88	104	103	108	93	80	52
>24h	0	91	124	144	140	126	116	85



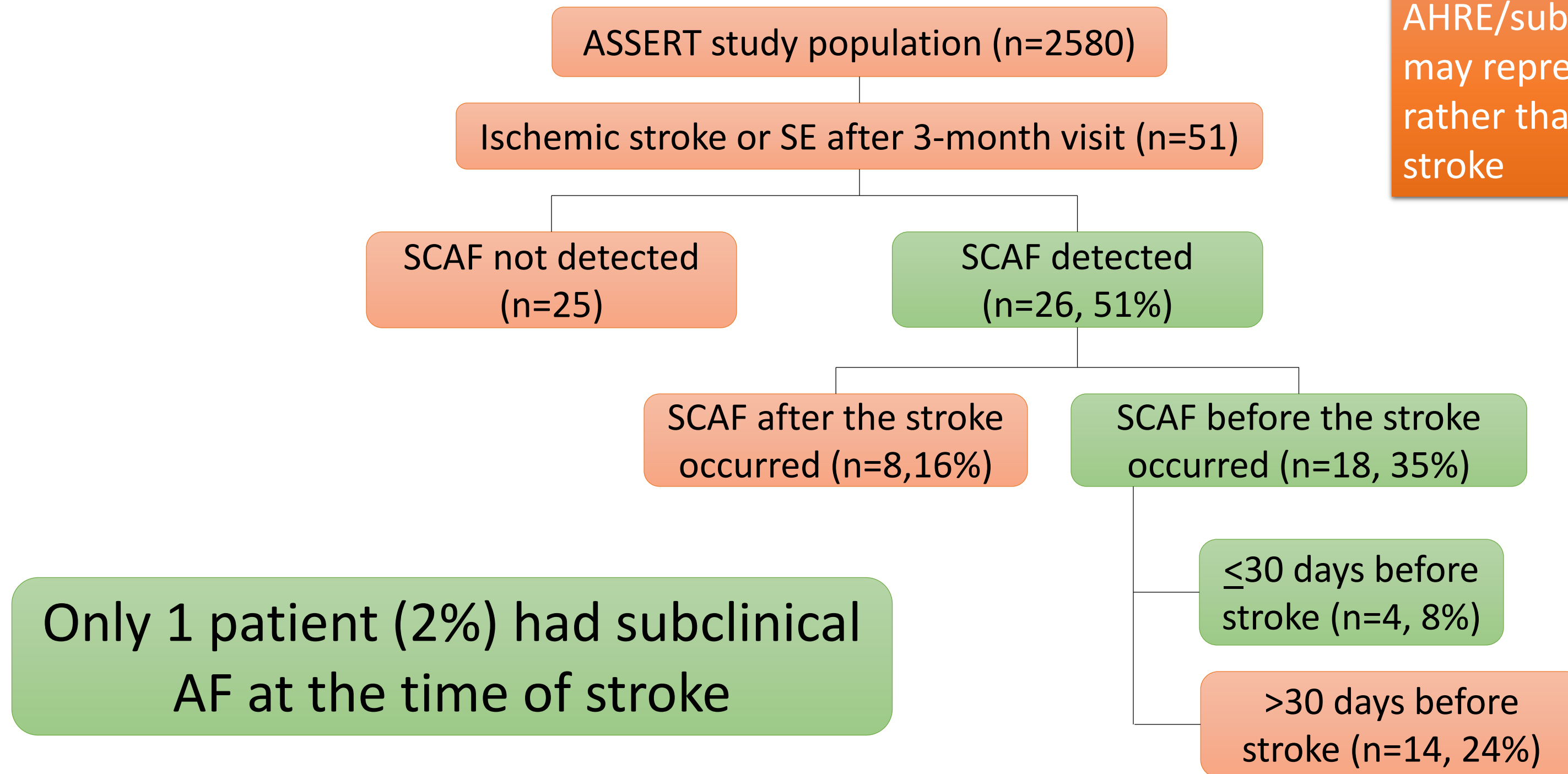
SCAF duration >24 h was associated with a significant increased risk of subsequent stroke or SE (adjusted hazard ratio [HR] 3.24, 95% CI 1.51–6.95, P=0.003).



Risk of stroke or SE & duration of subclinical AF

Temporal Relationship Between Subclinical Atrial Fibrillation and Embolic Events

AHRE/subclinical AF may represent a marker rather than a risk factor for stroke



Only 1 patient (2%) had subclinical AF at the time of stroke

Stroke rates according to AHRE daily burden and CHA₂DS₂-VASc score

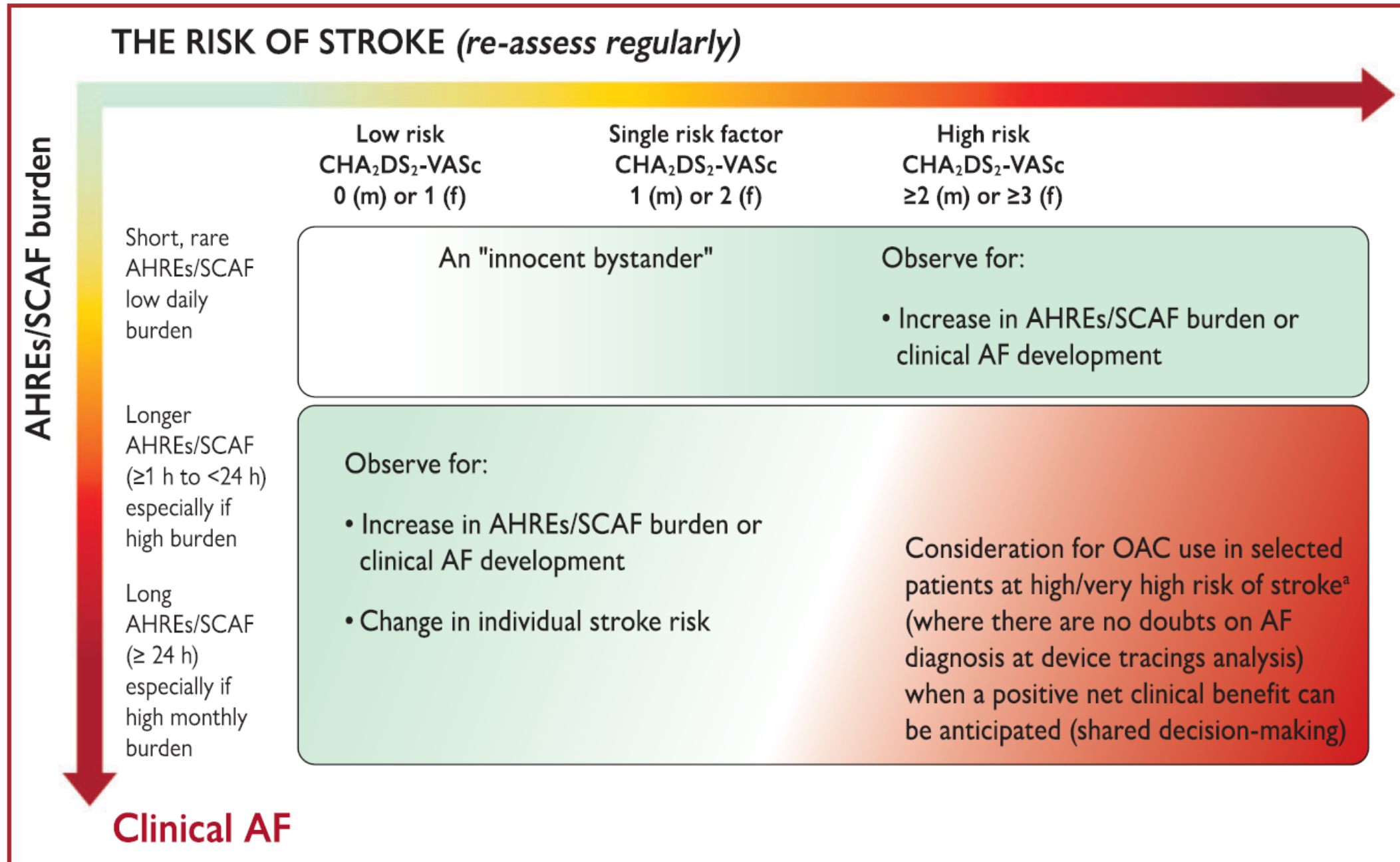
Stroke rates^b per AHRE burden and CHA₂DS₂-VASc category
 (n = 21 768 device patients not taking OAC)¹⁴⁶⁶

CHA ₂ DS ₂ -VASc score	Baseline maximum daily burden		
	No AF	AF 6 min–23.5 h	AF >23.5 h
0	0.33%	0.52%	0.86%
1	0.62%	0.32%	0.50%
2	0.70%	0.62%	1.52%
3-4	0.83%	1.28%	1.77%
≥5	1.79%	2.21%	1.68%

- 21768 non-anticoagulated patients with CIED (age, 68.6±12.7 years; 63% male)
- Both increasing AF duration (P<0.001) and increasing CHA₂DS₂-VASc score (P<0.001) were significantly associated with annualized risk of SSE

How to Manage?

Recommendations for management of patients with AHRE

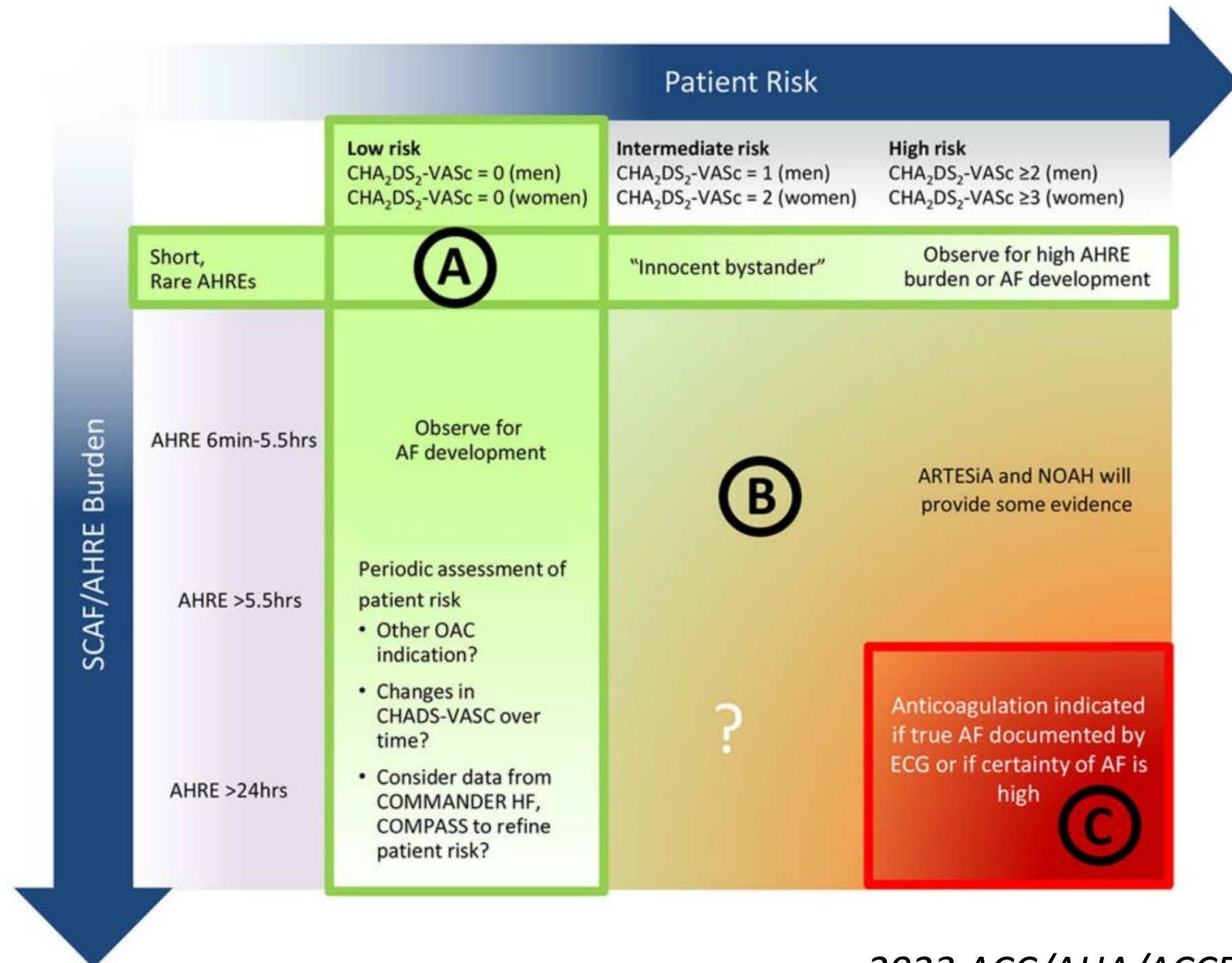


Recommendations for management of patients with AHRE

Recommendations	Class ^a	Level ^b
<p>In patients with AHRE/subclinical AF detected by CIED or insertable cardiac monitor, it is recommended to conduct:</p> <ul style="list-style-type: none"> • Complete cardiovascular evaluation with ECG recording, clinical risk factors/comorbidity evaluation, and thrombo-embolic risk assessment using the CHA₂DS₂-VASc score.⁴⁶⁹ • Continued patient follow-up and monitoring (preferably with the support of remote monitoring) to detect progression to clinical AF, monitor the AHRE/subclinical AF burden (especially transition to ≥24 h), and detect changes in underlying clinical conditions.⁴⁶⁹ 	I	B

©ESC 2020

OAC for Device-Detected AHRE Among Patients Without a Previous Diagnosis of AF



COR	LOE	Recommendations
2a	B-NR	1. For patients with a device-detected atrial high-rate episode (AHRE) lasting <u>≥24 hours</u> ¹ and with a <u>CHA₂DS₂-VASc score ≥2</u> or equivalent stroke risk, ² it is reasonable to initiate oral anticoagulation ³ within a SDM framework that considers episode duration and individual patient risk.
2b	B-NR	2. For patients with a device-detected AHRE lasting <u>between 5 minutes and 24 hours</u> and with a <u>CHA₂DS₂-VASc score ≥3</u> or equivalent stroke risk, ² it may be reasonable to initiate anticoagulation within a SDM framework that considers episode duration and individual patient risk.
3: No Benefit	B-NR	3. Patients with a device-detected AHRE lasting <5 minutes and without another indication for oral anticoagulation should not receive oral anticoagulation. ^{4,5}

Practice Variation in Anticoagulation Prescription and Outcomes After Device Detected AF

Insights From the Veterans Health Administration

Cohorts' Baseline and Outcome Variables	Index Device-Detected AF Episode Burden			
	>6 min	>1 h	>6 h	>24 h
Included patients	2101	1712	1279	818
CHA ₂ DS ₂ -VASc score	3.9±1.4	4.0±1.4	4.0±1.4	4.2±1.4
HAS-BLED score*	2.7±1.1	2.6±1.1	2.7±1.1	2.8±1.1
OAC prescribed†‡	272 (13.0)	273 (16.0)	263 (20.6)	224 (27.4)
Warfarin	258 (94.9)	257 (94.1)	246 (93.5)	208 (92.9)
NOAC	14 (5.1)	17 (6.2)	18 (6.8)	18 (8.0)
Days from device-detected AF to OAC	31.2±24.6	31.9±24.4	30.7±24.0	33.3±24.1

Table 3. Incidence of Stroke and Death in Patients With Device-Detected AF by AF Burden and OAC Prescription

Device-Detected AF Burden	Total		No OAC*		OAC*		P Value†
	n/N (%)	IR (95% CI)	n/N (%)	IR (95% CI)	n/N (%)	IR (95% CI)	
AF >6 min‡							
Stroke	72/2101 (3.4)	9.9 (7.8–12.4)	66/1829 (3.6)	10.3 (8.1–13.1)	6/272 (2.2)	6.6 (2.9–14.6)	0.28
Death	587/2101 (27.9)	92.5 (85.3–100.3)	518/1829 (28.3)	93.3 (85.6–101.7)	69/272 (25.4)	87.1 (68.6–110.3)	0.60
AF >1 h‡							
Stroke	58/1712 (3.4)	9.8 (7.6–12.7)	51/1439 (3.5)	10.2 (7.8–13.5)	7/273 (2.6)	7.7 (3.7–16.2)	0.50
Death	503/1712 (29.4)	99.4 (91.1–108.5)	429/1439 (29.3)	100.4 (91.3–110.3)	74/273 (27.1)	94.4 (75.1–118.5)	0.63
AF >6 h‡							
Stroke	47/1279 (3.7)	10.7 (8.1–14.3)	41/1016 (4.0)	11.7 (8.6–15.8)	6/263 (2.3)	6.9 (3.1–15.5)	0.23
Death	395/1279 (20.9)	106.1 (96.1–117.1)	324/1016 (31.9)	108.7 (97.5–121.2)	71/263 (27.0)	95.8 (75.9–120.9)	0.34
AF >24 h‡							
Stroke	35/818 (4.3)	12.5 (9.0–17.4)	31/594 (5.2)	14.9 (10.5–21.2)	4/224 (1.8)	5.6 (2.1–14.8)	0.04
Death	297/818 (36.3)	129.0 (115.1–144.5)	234/594 (39.4)	139.3 (122.5–158.3)	63/224 (28.1)	101.1 (79.0–129.4)	0.02

Progression of atrial high-rate episode burden

Six-month incidence of transition to higher AHRE burden^a (n = 6580, pooled from three prospective studies) ⁴⁶⁹				
	<i>Baseline burden</i>			
6-month progression	5 min to <1 h	1 h to <6 h	6 h to <12 h	12 h to <23 h
Transition to ≥1 h	33.5%			
Transition to ≥6 h	15.3%	42.2%		
Transition to ≥12 h	8.9%	27.5%	55.8%	
Transition to ≥23 h	5.1%	16.0%	40.6%	63.1%

The **NEW ENGLAND**
JOURNAL *of* **MEDICINE**

ESTABLISHED IN 1812

SEPTEMBER 28, 2023

VOL. 389 NO. 13

NOAH-AFNET 6

**Anticoagulation with Edoxaban in Patients with Atrial
High-Rate Episodes**

P. Kirchhof, T. Toennis, A. Goette, A.J. Camm, H.C. Diener, N. Becher, E. Bertaglia, C. Blomstrom Lundqvist, M. Borlich, A. Brandes, N. Cabanelas, M. Calvert, G. Chlouverakis, G.-A. Dan, J.R. de Groot, W. Dichtl, B. Kravchuk, A. Lubiński, E. Marijon, B. Merkely, L. Mont, A.-K. Ozga, K. Rajappan, A. Sarkozy, D. Scherr, R. Sznajder, V. Velchev, D. Wichterle, S. Sehner, E. Simantirakis, G.Y.H. Lip, P. Vardas, U. Schotten, and A. Zapf, for the **NOAH-AFNET 6** Investigators*

ARTESIA

The **NEW ENGLAND**
JOURNAL *of* **MEDICINE**

ESTABLISHED IN 1812

JANUARY 11, 2024

VOL. 390 NO. 2

Apixaban for Stroke Prevention in Subclinical Atrial Fibrillation

J.S. Healey, R.D. Lopes, C.B. Granger, M. Alings, L. Rivard, W.F. McIntyre, D. Atar, D.H. Birnie, G. Boriani, A.J. Camm, D. Conen, J.W. Erath, M.R. Gold, S.H. Hohnloser, J. Ip, J. Kautzner, V. Kutyifa, C. Linde, P. Mabo, G. Mairesse, J. Benezet Mazuecos, J. Cosedis Nielsen, F. Philippon, M. Proietti, C. Sticherling, J.A. Wong, D.J. Wright, I.G. Zarraga, S.B. Coutts, A. Kaplan, M. Pombo, F. Ayala-Paredes, L. Xu, K. Simek, S. Nevills, R. Mian, and S.J. Connolly, for the **ARTESIA** Investigators*

NOAH-AFNET 6

The NEW ENGLAND
JOURNAL of MEDICINE

ESTABLISHED IN 1812

SEPTEMBER 28, 2023

VOL. 389 NO. 13

Anticoagulation with Edoxaban in Patients with Atrial High-Rate Episodes

P. Kirchhof, T. Toennis, A. Goette, A.J. Camm, H.C. Diener, N. Becher, E. Bertaglia, C. Blomstrom Lundqvist, M. Borlich, A. Brandes, N. Cabanelas, M. Calvert, G. Chlouverakis, G.-A. Dan, J.R. de Groot, W. Dichtl, B. Kravchuk, A. Lubiński, E. Marijon, B. Merkely, L. Mont, A.-K. Ozga, K. Rajappan, A. Sarkozy, D. Scherr, R. Sznajder, V. Velchev, D. Wichterle, S. Sehner, E. Simantirakis, G.Y.H. Lip, P. Vardas, U. Schotten, and A. Zapf, for the NOAH-AFNET 6 Investigators*

- Terminated early owing to safety concerns and futility.

2023

NOAH-AFNET 6 TRIAL

M

Anticoagulation with Edoxaban in Patients with Atrial High-Rate Episodes

event-driven, double-blind, double-dummy, randomized trial



Objective: to demonstrate that oral anticoagulation using the NOAC edoxaban is superior to current therapy to prevent stroke, systemic embolism, or cardiovascular death in patients with AHRE (atrial high-rate episodes) and \geq two stroke risk factors but without AF

2536
patients

Inclusion criteria: Age \geq 65 years; Pacemaker, defibrillator or insertable cardiac monitor implanted for any reason; AHRE detection feature activated for adequate detection of AHRE; AHRE (\geq 170 bpm atrial rate and \geq 6 min duration) documented by the implanted device via its atrial lead and stored digitally.



edoxaban
group
(n=1270)

VS.



Placebo
(n=1266)

PRIMARY OUTCOME

3.2

composite of cardiovascular death, stroke, or systemic embolism (per-pt year %)
HR 0.81; 95% CI, 0.60 to 1.08; P=0.15

4.0

1

incidence of stroke (per-pt year %)

1

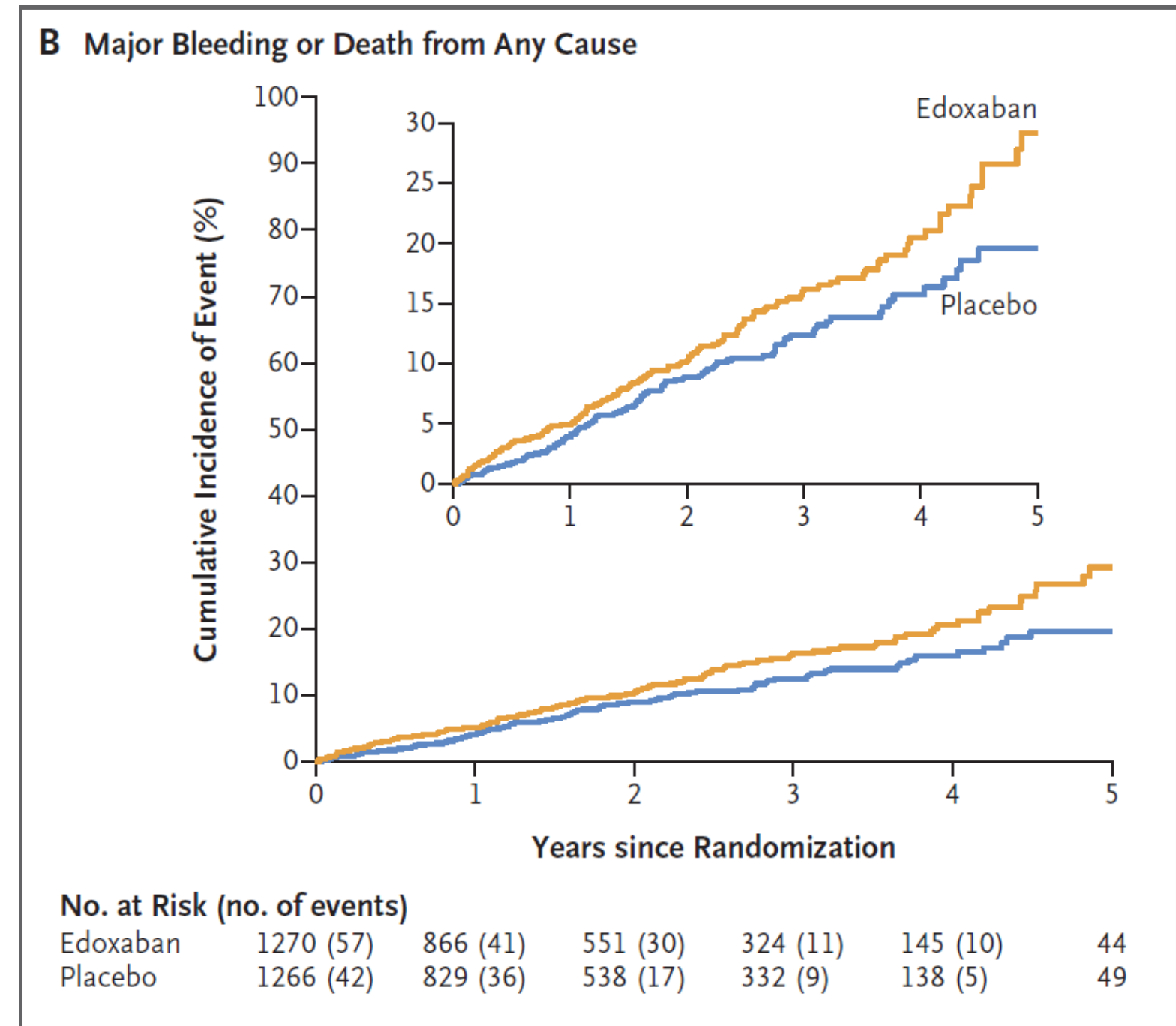
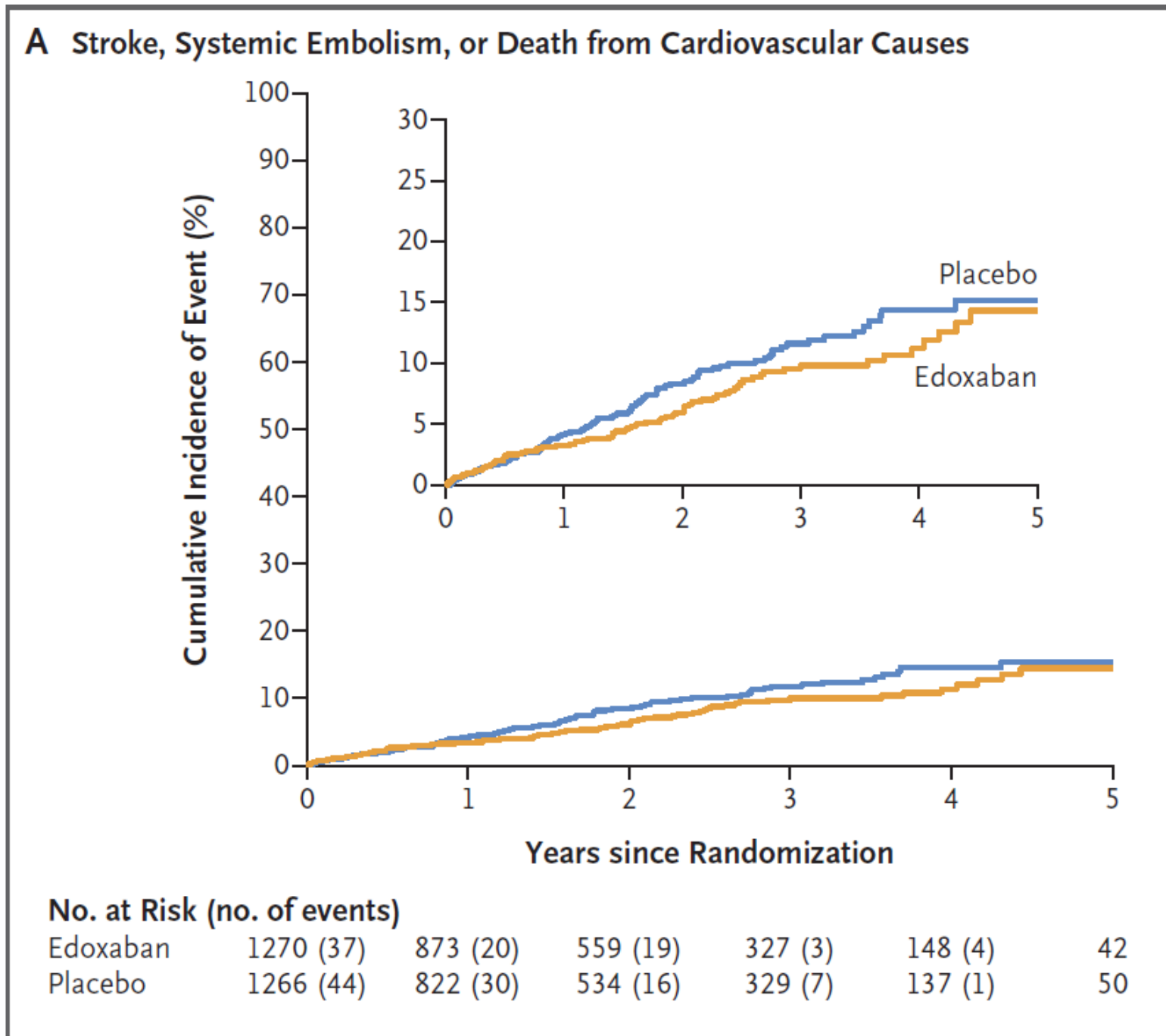
5.9

composite of death from any cause or major bleeding (per-pt year %)
HR 1.31; 95% CI, 1.02 to 1.67; P=0.03

4.5

NOAF-AFNET 6

Among patients with AHREs detected by implantable devices, anticoagulation with edoxaban did not significantly reduce the incidence of a composite of cardiovascular death, stroke, or systemic embolism as compared with placebo, but it led to a higher incidence of a composite of death or major bleeding



NOAH-AFNET 6: AHRE >24 hours

Anticoagulation in patients with long Atrial High-Rate Episodes (AHRE) ≥ 24 hours

A subanalysis of the Non-vitamin K antagonist Oral anticoagulation in patients with Atrial High rate episodes (NOAH-AFNET 6) trial

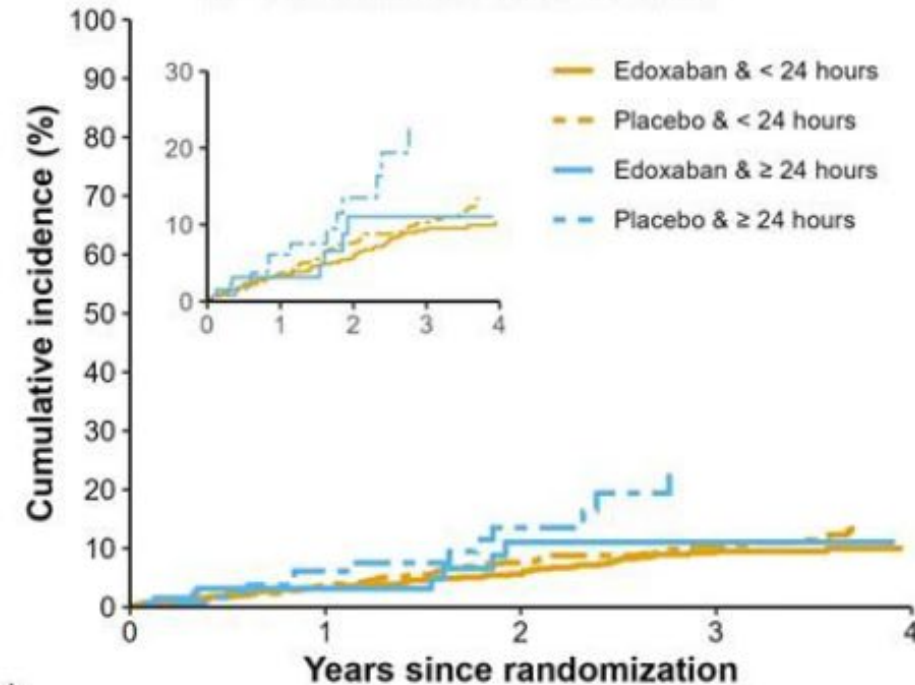


259/2389 patients with device-detected AHRE ≥24 hours
(78 years old, 37% women, median CHA₂DS₂-VASc score 4)



AHRE reviewed by Corelab

Incidence of Stroke, Systemic Embolism, or Cardiovascular Death



Number at risk

	0	1	2	3	4
< 24 hours					
Edoxaban	1062	748	497	292	134
Placebo	1067	709	464	289	126
≥ 24 hours					
Edoxaban	132	83	36	19	8
Placebo	127	71	41	21	8

Ischemic Stroke Rate by AHRE Duration and Treatment*

AHRE < 24 hours events/N (%/patient-years)			AHRE ≥ 24 hours events/N (%/patient-years)		
Anticoagulation	Placebo	HR (95% CI)	Anticoagulation	Placebo	HR (95% CI)
20/1062 (0.90)	21/1068 (0.96)	0.92 (0.50, 1.70)	2/132 (0.95)	2/127 (0.97)	1.03 (0.14, 7.32)

*p-interaction=0.89

Long durations of device-detected AHRE, including durations ≥24 hours, did not interact with the treatment effect of anticoagulation in the NOAH-AFNET 6 trial.

Similarly, there was no interaction between the effect of anticoagulation therapy and AHRE duration used as a continuous variable.

Stroke rate appeared low (1%/patient-year) without oral anticoagulation.

Patients with AHRE ≥24 hours developed more ECG-diagnosed atrial fibrillation over time compared to those with shorter AHRE durations.

2023

ARTESIA TRIAL

M

Apixaban for Stroke Prevention in Subclinical Atrial Fibrillation

Randomized, Parallel, Blinded Controlled Trial



Objective: to evaluate apixaban compared with aspirin among patients with subclinical atrial fibrillation (AF).

4012
Patients

Inclusion criteria: PPM or ICD or insertable cardiac monitor capable of detecting SCAF; ≥ 1 episode of SCAF ≥ 6 minutes in duration but no single episode > 24 hours. SCAF requires electrogram confirmation unless ≥ 6 hours in duration. Age ≥ 55 years. CHA2DS2-VASc score ≥ 3



apixaban 5 mg
twice daily
(n = 2,015)

VS.



aspirin 81 mg
daily
(n = 1,997)

Primary Outcome

0.78

Stroke or systemic embolism
%/person-year
P=0.007

1.24

Secondary Outcomes

1.71

rate of major bleeding
%/person-year
P=0.001

0.94

5

Fatal bleeding (n)

8

ESTABLISHED IN 1812

JANUARY 11, 2024

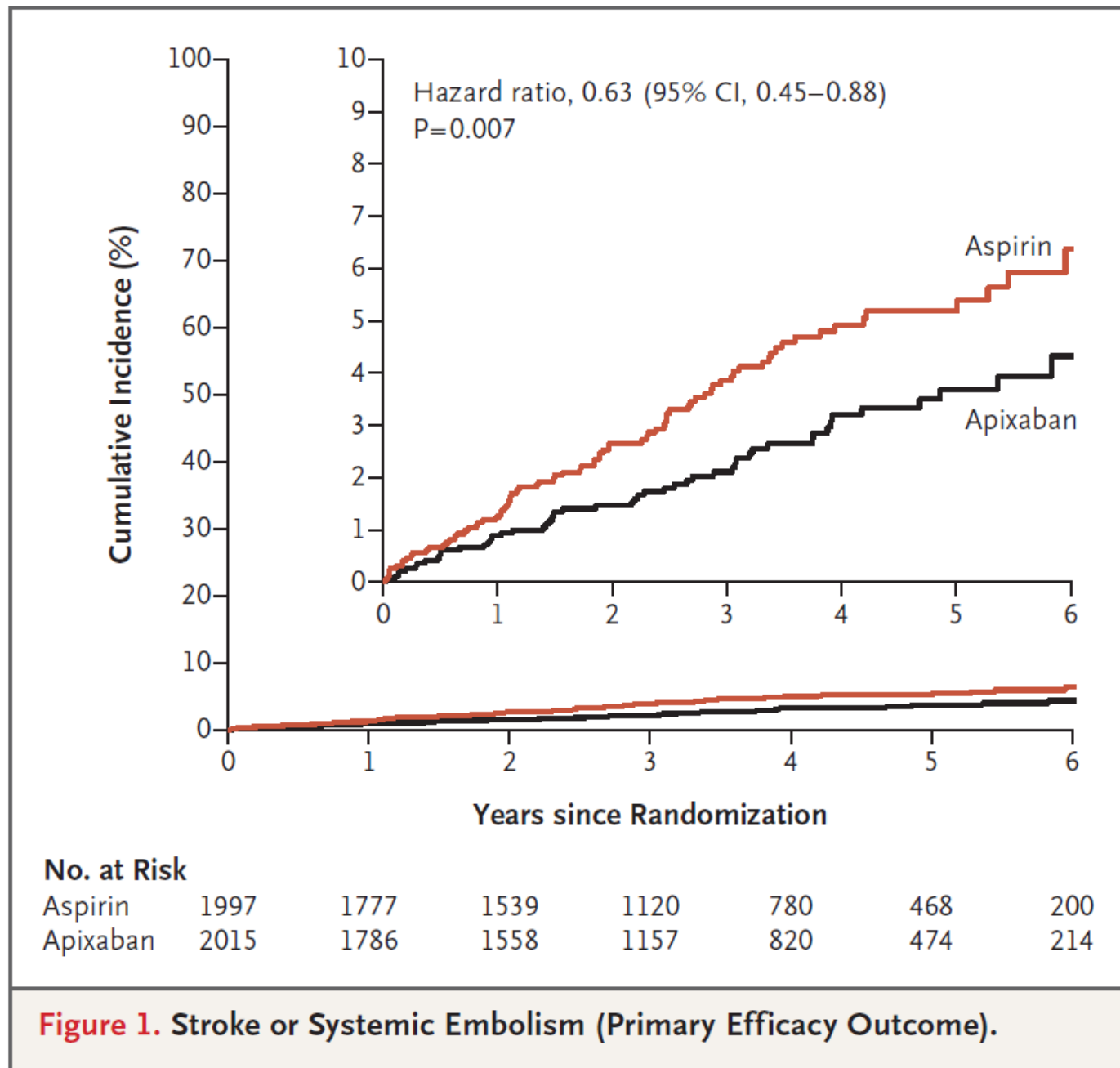
VOL. 390 NO. 2

The NEW ENGLAND JOURNAL of MEDICINE

Apixaban for Stroke Prevention in Subclinical Atrial Fibrillation

J.S. Healey, R.D. Lopes, C.B. Granger, M. Alings, L. Rivard, W.F. McIntyre, D. Atar, D.H. Birnie, G. Boriani, A.J. Camm, D. Conen, J.W. Erath, M.R. Gold, S.H. Hohnloser, J. Ip, J. Kautzner, V. Kutlyifa, C. Linde, P. Mabo, G. Mairesse, J. Benezet Mazuecos, J. Cosedis Nielsen, F. Philippon, M. Proietti, C. Sticherling, J.A. Wong, D.J. Wright, I.G. Zarraga, S.B. Coutts, A. Kaplan, M. Pombo, F. Ayala-Paredes, L. Xu, K. Simek, S. Nevills, R. Mian, and S.J. Connolly, for the ARTESIA Investigators*

ARTESIA

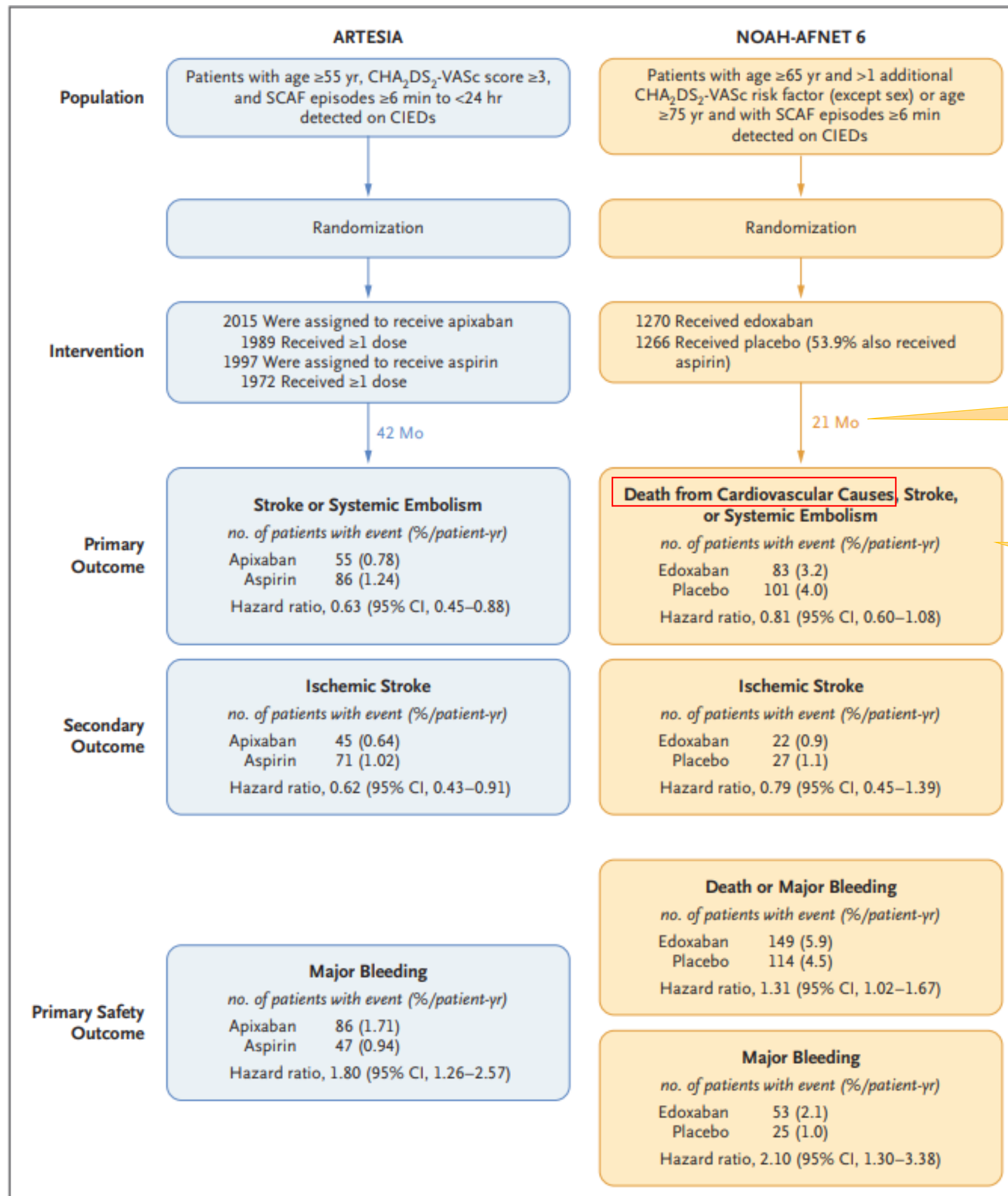


Among patients with subclinical AF, apixaban resulted in a lower risk of stroke or systemic embolism than aspirin but a higher risk of major bleeding.

Table 2. Clinical Outcomes (Intention-to-Treat Population).*

Outcome	Apixaban (N=2015)		Aspirin (N=1997)		Hazard Ratio (95% CI)	P Value
	no. of patients with event	%/patient-yr	no. of patients with event	%/patient-yr		
Stroke or systemic embolism	55	0.78	86	1.24	0.63 (0.45–0.88)	0.007
Stroke	55	0.78	84	1.21	0.64 (0.46–0.90)	
Ischemic or unknown type†	45	0.64	71	1.02	0.62 (0.43–0.91)	
Hemorrhagic	10	0.14	13	0.18	0.76 (0.33–1.73)	
Severity according to score on modified Rankin scale‡						
0–2	31	0.44	45	0.65	0.68 (0.43–1.07)	
3–6	19	0.27	37	0.53	0.51 (0.29–0.88)	
Missing data	5	0.07	2	0.03	2.48 (0.48–12.80)	
Systemic embolism	0		2	0.03	NA	
Stroke, TIA, or systemic embolism§	82	1.17	107	1.56	0.75 (0.56–1.00)	
Stroke, systemic embolism, or death from cardiovascular causes	148	2.10	171	2.47	0.85 (0.68–1.06)	
Stroke, myocardial infarction, systemic embolism, or death	419	6.01	418	6.10	0.98 (0.86–1.12)	
Myocardial infarction	37	0.52	41	0.59	0.89 (0.57–1.40)	
Death	362	5.06	341	4.82	1.04 (0.90–1.21)	
Death from cardiovascular causes	105	1.47	108	1.53	0.96 (0.73–1.25)	
Major bleeding¶	106	1.53	78	1.12	1.36 (1.01–1.82)	0.04
Fatal bleeding	10	0.14	14	0.20	0.70 (0.31–1.57)	
Symptomatic intracranial hemorrhage	17	0.24	23	0.33	0.73 (0.39–1.36)	
Gastrointestinal bleeding	55	0.78	31	0.44	1.76 (1.13–2.74)	
Transfusion performed	35	0.49	31	0.44	1.11 (0.68–1.80)	

NOAH-AFNET 6 VS ARTESIA



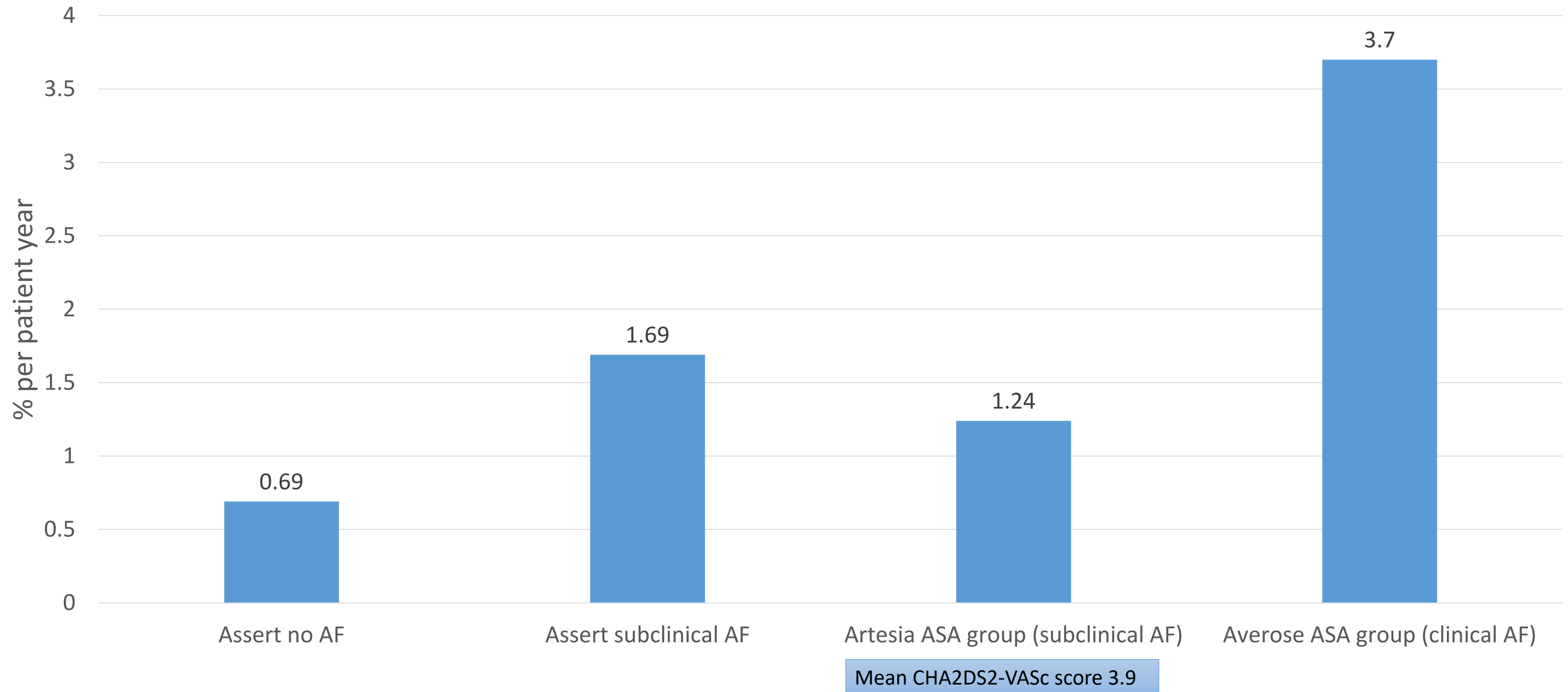
Lower risk patient

VS placebo

Less time F/U

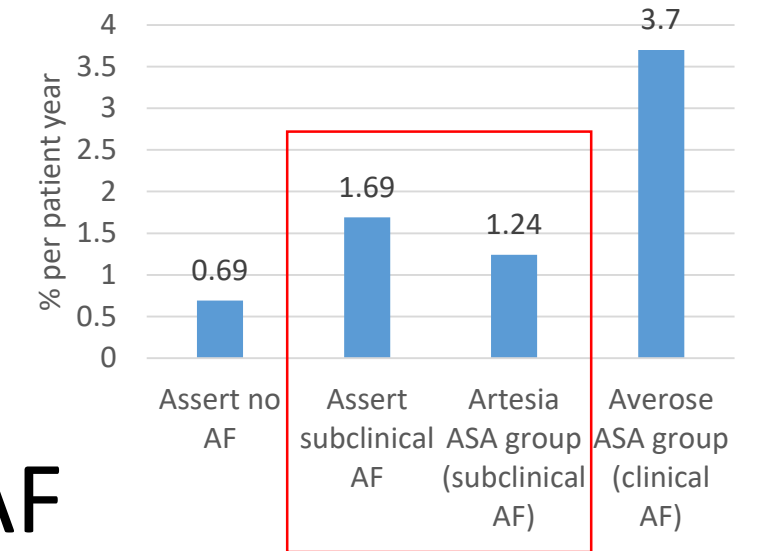
1ry outcome include death from CVS causes

Stroke and SE rate in subclinical/clinical AF trial in patients with mean CHADS2 score of 2 (except ARTESIA)



Take home message

- The risk of stroke in persons with device detected subclinical AF is higher than that among persons without AHREs but lower than that among persons with clinical AF
- Subclinical AF typically progresses from low burdens to high burdens and to clinical AF
- For patients with **AHRE lasting ≥ 24 hours** and with a **CHA2DS2-VASc score ≥ 2** , it is reasonable to initiate OAC
- For patients with AHRE lasting between **5 minutes-24 hours** and with a **CHA2DS2-VASc score ≥ 3** , it may be reasonable to initiate OAC



Six-month incidence of transition to higher AHRE burden*
(n = 6580, pooled from three prospective studies)⁴⁶⁹

6-month progression	Baseline burden			
	5 min to <1 h	1 h to <6 h	6 h to <12 h	12 h to <23 h
Transition to ≥ 1 h	33.5%			
Transition to ≥ 6 h	15.3%	42.2%		
Transition to ≥ 12 h	8.9%	27.5%	55.8%	
Transition to ≥ 23 h	5.1%	16.0%	40.6%	63.1%

- ASSERT >24 hour
- Retrospective VA study

ARTESIA

Thank You